

Galería RGR is pleased to present *You Are Everything* by Jeppe Hein, an exhibition of twenty-two interrelated pieces created between 2015 and 2021. This is the first time the Danish artist exhibits in Latin America. The show's wall-bound sculptures and free-standing pieces create a unique engagement once faced by the viewer. It illustrates Hein's artistic approach to generate meaningful encounters and connect individuals with each other as well as with their environment. Though often compared to the work of minimal and conceptual artists from the 1970s, such as Donald Judd, Carl Andre or Robert Morris; Hein's oeuvre occupies a unique position within the contemporary context of art and its expressiveness.

*You Are Everything* presents colorful artworks in a variety of materials. Nevertheless, both are just a means to convey a much more complex concept that strives to acknowledge the significance of relationship with oneself and with others, as well as tackling the importance of mental health as a pressing concern in this day and age. The selection of artworks show the artist's personal development and encourages self-reflection. *You Are Everything* attempts to make the viewer aware of the importance that "you" are in fact "everything", that you are unable to escape yourself and hence, that it is important to take care of yourself.

The show creates a space for social interaction and intercultural dialogue. Works are activated by visitors and offer opportunities for exchange with each other. This form of interaction that arises between the work of art and the spectators, becomes a public experience. Yet, it does not strike as necessary to have masses engaging with it at the same time. Even if there were only two people, there would be a dialogue between them and the artwork. What starts as an individual encounter becomes a shared experience.

Colorful pieces like *Modified Street Light (2021)* and *Yellow Modified Social Bench (2021)* remind the viewers of their childlike selves leading them to unlearn limitations and to remember the playfulness of their true essence.

Mirrors are a recurrent motif in Hein's work, altering and questioning our perception of our surroundings and ourselves by addressing our physical and mental experience of an environment and our position within it. As one is reflected, one becomes both object and subject, looking at and being looked at. Mirrors are encountered in various pieces of the show, for example in the neon box homonymous to the exhibit's title, *YOU ARE EVERYTHING* (2019), and in the mirror labyrinth *One, Two, Three* (2017). The latter immerses the viewer in an accessible labyrinth where reality is dissolved as the spectator moves, by the alternation between reflections of the viewer and reflections of the location in the mirror lamellae, as well as the views to the outside offered by the openings in between.

Jeppe Hein has gained international recognition for his signature mirror balloons. *You Are Everything* features different approaches to the subject matter with balloons from different series. Especially for this exhibition Hein has developed a series titled *Colourful Mexico* (2021) with five coral blue, emerald green, orange and ruby red unique pieces. Hein's balloons have the capacity to produce a distorted perspective of their surrounding space through their reflective surfaces.

The subtle movement of *Threefold Perspectives* (2019) and *Rotating Onyx Nuvolato* (2019) reflect the surroundings in ever-changing perspectives and are an invitation to meditate about the passage of time as an inevitable force which should be embraced rather than resisted.

Fantastically playful, insightful and colorful, Jeppe Hein's displayed pieces are able to resonate in a sensible manner that is not only rare to come across, but also unforgettable. *You Are Everything* carries a grandeur that invigorates and rewards prolonged examination. The apparent simplicity in Hein's work belies a long-lasting gestation period as it lingers in the mind of the viewer and conducts to an introspective, spiritual experience.